

Permanent Makeup Aftercare Guide



Need Beauty Studio, Santa Clara

Healing Timeline & Care Instructions

Days 1–4: Initial Healing

Cleanse: Gently dab with sterile water & aftercare solution hourly (Day 1), then twice daily.

Moisturize: Apply a rice-grain amount of aftercare gel after cleaning.

Expect: Redness, swelling, and darker color (this is normal!).

Days 5–10: Peeling Phase

Cleanse: Use a mild, fragrance-free cleanser.

Moisturize: Thin layer of aftercare gel or Aquaphor 2x daily.

! Critical: Do not pick scabs—let them flake naturally to avoid patchiness.

Days 11–30: Settling Phase

Color may lighten 20–40% or appear uneven; true pigment emerges by Week 4.

Avoid: Sun, sweating, and makeup on brows.

Weeks 6–8: Touch-Up Ready

Schedule your perfecting session for optimal results.

Essential Care Instructions



DOs

- **Hydrate:** Drink plenty of water for better healing
- **Protect:** Wear a hat outdoors; apply SPF 50+ after full healing
- **Sleep on your back** to avoid friction



DON'Ts (First 4 Weeks)

- Swimming, saunas, hot tubs
- Heavy workouts/sweating
- Makeup on brows
- Sun exposure (no tanning!)
- Facials/chemical peels
- Skincare with acids/retinoids



Troubleshooting

Color too dark? Normal at first—it fades 20–40%.

Patchy peeling? Don't panic; touch-ups fix imperfections.

Unusual reactions? Contact us immediately for: Excessive swelling/pus. Fever. Allergic rash or intense itching

✨ Long-Term Maintenance

- **Daily SPF** to prevent fading
- **Avoid** retinoids/acid products near brows
- **Schedule color boosts** to maintain vibrancy

Need Help? Text us at **(650) 996-7220** with photos if concerned.